

## Literacy

### Oral language

- Simple games that involve thinking, memory and using language. For example, 'I went to the shop and I bought ...' and 'I spy ...'
- Recite 2 nursery rhymes each day.
- Give Me 5 - ask your child to name 5 things in any given category. For example, give me 5 vehicles (car, truck, bus, motorcycle, van)  
Give me 5:
  - ✓ Fruits
  - ✓ Vegetables
  - ✓ Feelings
  - ✓ Rooms in the house
  - ✓ Zoo animals
  - ✓ Sea animals
  - ✓ Jungle animals
  - ✓ Names of shops
  - ✓ Members of our family
  - ✓ Colours
  - ✓ School items
  - ✓ Sports

### Reading

- Jolly Phonics - continued practice of letter sounds and the following digraphs /ai/ /oa/ /ie/ /ee/ /or/ /ng/ /oo/ /ch/  
See sentences for reading attached.  
Practice letter sounds and digraphs with Jolly Phonics Jingles using the link in this post.
- Continue to practice tricky words on the sheets the children have in their homework folders.
- Tricky word hunt - ask your child to find some tricky words in the books being read at home.
- Encourage plenty of reading as much as possible.
- If you have internet access perhaps you might like to use these sites and apps for reading:
  - ✓ [oxfordowl.co.uk](http://oxfordowl.co.uk)
  - ✓ [starfall.com](http://starfall.com)
  - ✓ [teachyourmonstertoread.com](http://teachyourmonstertoread.com)
  - ✓ [phonicsplay.co.uk](http://phonicsplay.co.uk)
  - ✓ Hairy Letters (app)

### Writing

- Dictation - remember to encourage your child to clap the phrase before attempting to write it. Perhaps try to do two a day. See phrases for dictation attached.
- General writing - encourage your child to do some simple writing activities. For example,
  - ✓ Writing their own name (and surname if possible).
  - ✓ Writing a short message on the free postcards each household will soon receive from AnPost
  - ✓ Make and write a card to send to a grandparent, relative or friend to keep in touch in these different times we find ourselves in.
- Letter formation - encourage your child to use the correct Handwriting Without Tears letter formation when doing written tasks. See attachment.

Numeracy	Gaeilge	P.E., Music, Art
<ul style="list-style-type: none"> <li>• Encourage your child to use their 'maths eyes' to spot maths all around them in everything they do.</li> <li>• Engage in practical maths tasks such as playing shop and exchanging money (up to 5c), weighing and measuring when cooking/baking, a shape hunt around the house and garden.</li> <li>• If you have internet access perhaps you might like to use the following sites: <ul style="list-style-type: none"> <li>✓ Little Digits (app)</li> <li>✓ starfall.com</li> <li>✓ abcy.com</li> <li>✓ funbrain.com</li> </ul> </li> <li>• Number formation - encourage your child to use the correct Handwriting Without Tears number formation when doing written number tasks. See attachment. So far, we have been practising the formation of numbers 1-8.</li> </ul>	<ul style="list-style-type: none"> <li>• RTE Player have a lovely programme called 'Ár mbia, ár slí' which your child might like to watch.</li> <li>• Watch some shows on TG4 and Cula4.</li> <li>• If you have internet access you will be able to access the Abair Liom resources we use in school on the following site <a href="http://www.folens.ie">www.folens.ie</a> They are allowing parents access during school closures and you will need to register using the following information: <ol style="list-style-type: none"> <li>1. <a href="http://www.folens.ie">www.folens.ie</a></li> <li>2. Click register</li> <li>3. Select Teacher</li> <li>4. Fill in a username, email &amp; password of your choice</li> <li>5. Roll number: Prim20</li> </ol> </li> </ul> <p>(Perhaps going back over recent topics such as 'Sa Siopa Milseáin' agus 'Téidí Beag Álainn' might be a nice place to start on the site.)</p>	<p style="text-align: center;"><b>P.E.</b></p> <ul style="list-style-type: none"> <li>• 100 daily exercise challenge See attachment.</li> <li>• The Body Coach - daily kid's workouts online at 9 a.m. on his YouTube channel.</li> <li>• Go Noodle website (guided dance, meditation, workouts)</li> </ul> <p style="text-align: center;"><b>Music</b></p> <ul style="list-style-type: none"> <li>• We use the Dabbledoo music scheme in our school and they are allowing parents free access to a course due to school closures. If you are interested you will need to follow the direct link for our school on this post.</li> </ul> <p style="text-align: center;"><b>Art</b></p> <ul style="list-style-type: none"> <li>• There are lots of lovely ideas out there for crafts using all those extra toilet roll tubes we all have! Search them online.</li> <li>• Artforkidshub on YouTube have great suggestions for activities.</li> <li>• Take a virtual tour of an art gallery.</li> </ul>

<b>S.E.S.E.</b> <b>(History, Geography, Science)</b>	<b>Independent Skills</b>
<ul style="list-style-type: none"> <li>• An outdoor scavenger hunt looking for signs of spring.</li> <li>• Documenting what you've been up to each day is a great way of record keeping and will be part of history in time to come.</li> <li>• Dublin Zoo have an activity book each weekday on their site for kids <a href="http://www.dublinzoo.ie/news/dublinzoofun">www.dublinzoo.ie/news/dublinzoofun</a> They are also updating their Facebook page each day with videos from the zoo while it's closed.</li> <li>• Lots of museums around the world are giving free virtual tours during the COVID 19 crisis, simply search online.</li> <li>• National Geographic kid's site is jam packed full of lovely resources and activities for exploring our world. <a href="http://www.kids.nationalgeographic.com">www.kids.nationalgeographic.com</a></li> </ul>	<p>Learning skills that will last a lifetime. If your child is unable to do the following independently, now might be an opportunity to learn and enable them to become more independent at home and in school:</p> <ul style="list-style-type: none"> <li>• Zip their own coat.</li> <li>• Tie shoelaces</li> <li>• Open beaker/bottle</li> <li>• Open a straw and put it into a juice box</li> <li>• Tie their own scarf</li> <li>• Pair a pencil</li> </ul>

## Words for reading containing digraphs

train	mail	long	ring
tie	pie	zoom	room
foal	float	chop	much

### Sentences for reading:

- I see a red boat.
- The snail is on the bin.
- Here is my tie.
- We are all on the bus.
- He is in the big tree.
- She sang a long song.
- Can we go to the zoo?
- I like chips and eggs.
- I can do lots of jumps.
- Will you come to me?

### Phrases for dictation:

- a big red bed
- a fox in a box
- a green coat
- a dog has a hat
- tip a can
- a rat in a zoo
- I can jump.
- a frog on a log
- a pink pig
- a long tail



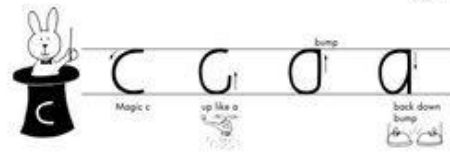
# 100 Exercises




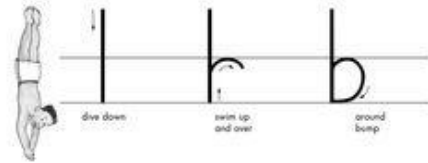
Try your best to complete our 100 exercises challenge  
at least once a day


10 Jumping jacks
10 Jumps forward
10 Arm circles forward
10 Knee lifts
10 Hops side to side
10 Heal raises
10 Touch your toes
10 Lunges
10 Push ups
10 Arm circles backwards

# Handwriting Without Tears®



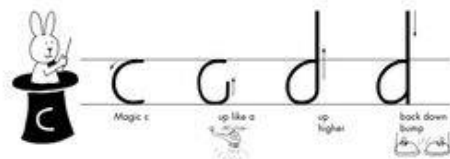

 c Magic c    a up like a    d bump back down bump




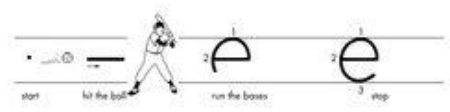

 l dive down    h swim up and over    b around bump




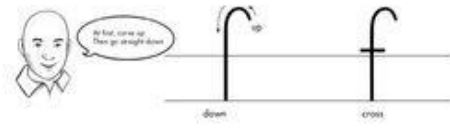

 c Magic c




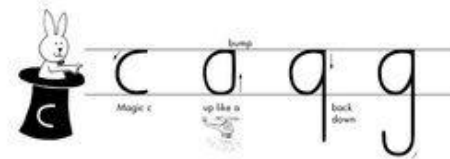

 c Magic c    a up like a    d up tight back down bump




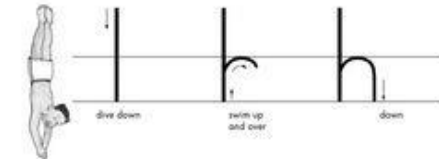

 e start hit the ball run the bases stop




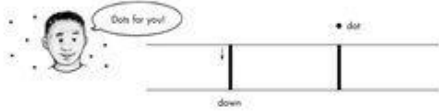

 f up first, come up then go straight down down cross




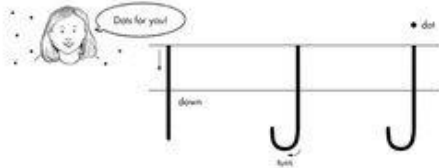

 c Magic c    a up like a bump    q back down    g




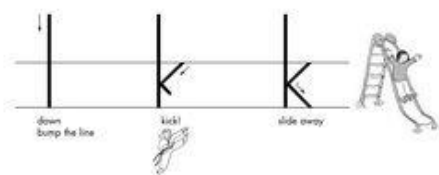

 l dive down    h swim up and over    h down




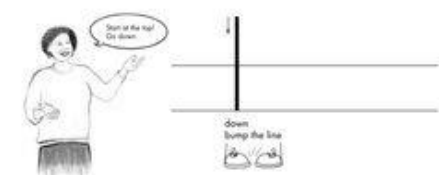

 i Dots for you! down dot




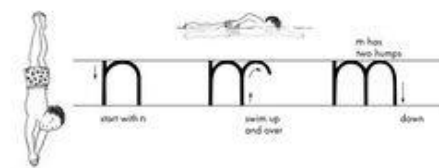

 j Dots for you! down turn dot




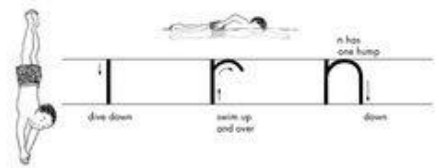

 k down bump the line kick side away





 m Start at the top! Or down down bump the line

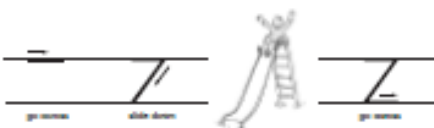
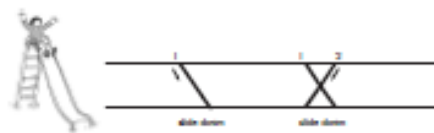
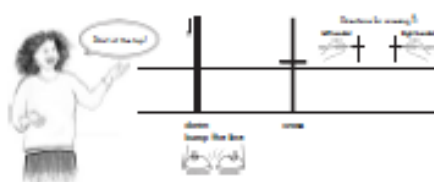
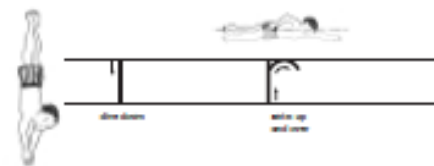
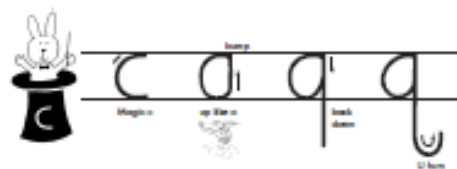
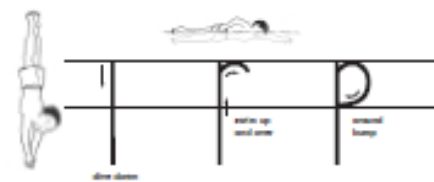



 n start with n swim up and over m has two humps down




 n dive down swim up and over n has one hump down

## 🏠 Fine Motor and Letter Practice for Home



## Handwriting Without Tears®



Big line  
Big line  
Little line



Big line  
Little curve  
Little curve



Big C curve



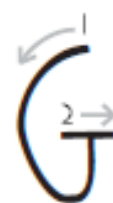
Big line  
Big curve



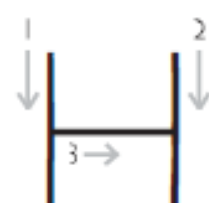
Big line  
Little line  
Little line  
Little line



Big line  
Little line  
Little line



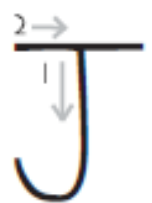
Big curve  
Little line  
Little line



Big line  
Big line  
Little line



Big line  
Little line  
Little line



Big line  
Turn  
Little line



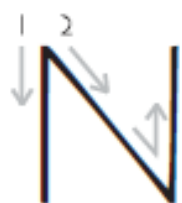
Big line  
Little line  
Little line



Big line  
Little line



Big line  
Big line  
Big line  
Big line



Big line  
Big line  
Big line



Big C curve  
Keep going



Big line  
Little curve



Big C curve  
Keep going  
Little line



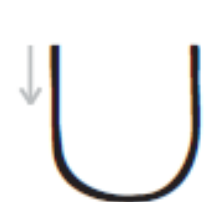
Big line  
Little curve  
Little line



Little curve  
Turn  
Little curve



Big line  
Little line



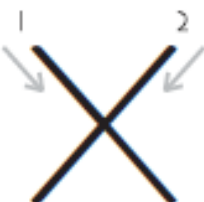
Big line  
Turn  
Big line



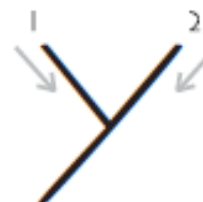
Big line  
Big line



Big line  
Big line  
Big line  
Big line



Big line  
Big line



Little line  
Big line



Little line  
Big line  
Little line



0

Start on top  
and around you go.  
That's how you  
make a zero!

5

Take a dive.  
Swim around.  
To make five  
come back to ground.

1

Go straight down  
and then you're done.  
That's the way  
to make a one.

6

Slide down and around  
to pick up sticks.  
That is the way  
to make a six.

2

Make a candy cane  
and then a shoe.  
That's the way  
to make a two!

7

Straight across  
and down from  
heaven.  
That is how  
you make a seven!

3

Around a tree  
Around a tree  
That's the way  
to make a three!

8

Make an S,  
but don't just wait.  
Come back up  
to make an eight!

4

Down, across,  
and down some more.  
That is how  
you make a four!

9

Make a loop  
and then a line.  
That's the way  
to make a nine!